

Circumcision Services

Appointment leaflet

A booking for circumcision is made for:

Full Name: _____

On: _____

At: _____

Appointment line: 01274 782080
Bilton Medical Centre is a private provider for circumcision for up to two years.

This surgery is design to offer patients and their families a nice comfort relaxing environment.

Who will do the circumcision?

Doctor Fully trained and certified by **Bradford Royal Infirmary Hospital** with years of experience.

We are hopefully you will be in our clinic for no more than 60 to 90 minutes.

On arrival at Bilton Medical Centre surgery receptionist, you will then be directed to the circumcision waiting area. Doctor or nurse will meet and greet you upon your arrival and ask you to complete a brief form and then consent your child for circumcision.

The operator will assess your child first and provided your child is fit for circumcision then carry out the circumcision.

This procedure of circumcision will last maximum up to 30 minutes.

30 minutes after the procedure check, you are safe to go home.

What needs to be done after circumcision?

Please turn over for aftercare advice.

You will receive a call in the next few days to check to progress of your child.

How is payment made?

A charge of £100 to £150 depending upon the age of the child

What happens when I arrive in the clinic?

CIRCUMCISION

Bilton Medical Centre

01274 782080

Professional circumcision care for boys aged up to 2 years

Fully **trained** and **certified** by Bradford Royal Infirmary Hospital.

- Pain free procedure by using local anaesthetic.
- 24 hours aftercare helpline
- Safe sterile techniques

Bilton Medical Centre

120 City Road Bradford BD8 8JT

Tel: 01274 782080 – Fax 01274 782841

Opening hours: Monday to Friday

8:30 am until 6:30pm.

AFTERCARE ADVICE

Circumcision Clinic

Circumcision is a simple procedure that removes the skin covering the tip of the penis (foreskin).

Procedure

OPERATION - Under sterile conditions, the penis is numbed with local anaesthetic. This will ensure your child will feel no physical pain during the procedure.

The skin covering the penis is pulled-back gently to expose the entire head of the penis. The correct size Plastibell is secured with a string and the excess foreskin skin trimmed.

AFTER PROCEDURE:

FOOD - The baby should be suckled or given his bottle after the operation. He should be cuddled and reassured as much as possible. This will help him settling.

DIAPER - The baby's nappy should be changed as soon as possible each time it becomes damp or soiled. No special dressing is required and your son can be diapered just as if he had not been circumcised.

PAIN RELIEF - The anaesthetic will last 2-4 hours. Even after this your child shouldn't feel any pain. If he is still not settled then you can use an pain relief (e.g. paracetamol).

WOUND CARE - Please do not interfere with the wound. If the area is soiled, please use a wet cotton ball to clean the area gently. It is very important to keep the area clean.

OBSERVATION - There may be a little pink or red staining of the nappy after the circumcision and again when the ring starts to separate from the penis. The area of bleeding on the nappy shouldn't be more than a size of two 50 pence coin or sustained bleeding, if there is please contact us immediately on **07404648350** or if

unable to contact us, take your child to the nearest Hospital emergency department.

SWELLING - After the operation your child whole penis may be swollen below the plastibell and look very bruised for the first few days, this is a normal effect of the injected anaesthetic and the circumcision operation. This will gradually resolve itself over the a few weeks.

BATH - DO NOT bath for the first 24 hours after the circumcision.

BELL - DO NOT attempt to retract the foreskin while the plastibell is still attached!

2nd day (24hrs - 36 hrs)

After the first 24 hours after the procedure, run a bath, (you may add some dettol, as stated on the bottle). Sit your child in the bath for 15 minutes in order for the penis a get a good soak. Do not add anything else to the water. You can bath child twice a day.

3rd day (48hrs till 10 days)

You need to sit your child in water as describe in 2nd day section **TWICE** a day (every morning and in every evening) until the plastibell naturally comes off (normally plastibell comes off before the 10th day). This bathing process will help promote healing, kept the area clean and to help prevent any infections.

A dark brown or black area around the plastibell is perfectly natural and will disappear after the ring has fallen off. The skin round the string may also have a some collections of a white\yellow, pasty substance, with a strange smell, this is normal, it is produced by the body when the foreskin is being removed. This substance will be washed away over the next few days when bathing and is not an infection!

This procedure will produce a clean, well-healed line of excision, leaving a fully healed

circumcision.

Be sure to notify us if the healing does not proceed as described.

Do not attempt to pull\cut the plastibell off, even if it seems loose or a small piece of skin is still attached to the penis.

12th day

On very rare situations, if the ring has not fallen off by the 12th day. You need to contact us, so an appointment can be made to inspect the area in the next available clinic (which should be in the next two days).

ANYTIME

Notify the doctor immediately if:-

- >There is persistent bleeding.
- >The plastibell slips onto the shaft of the penis.
- >There is excessive swelling (swelling has >increase at the head of his penis).
- >The ring has not fallen off after 12th day.
- >The baby fails to settle after 24 hrs.
- >Any allergy or drug reactions such as hives, rash, nausea, swelling or vomiting.
- >If your child has not urinated 6 hours after circumcision.

FOLLOW UP

Once the plastibell has detached itself, a visit to the clinic is not necessary. But if you would like to visit us again to check your child progress, please ring the reception for a check-up appointment. All circumcision check-up are all free of charge.

CONTACT

If for any reason you need to contact, please contact the 24 hours aftercare number. If for any unforeseen circumstance the phone is not answered, please leave your name, contact number and a brief message and we will contact you ASAP.